The Physical and Social Environment in Kaiser Permanente's Research Program on Genes, Environment and Health

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Goal of the RPGEH

To build a large and comprehensive resource for research on genetic and environmental influences on health and disease, by linking:

- Clinical data from Electronic Medical Records
- Participant survey data (over 400,000 KPNC members, to date)
- Environmental exposure data
- Genetic information on 500,000 consenting KPNC members
Aims of the RPGEH

To enable KP and collaborating scientists to conduct research on genetic and environmental influences on disease susceptibility, course of disease, and response to treatment.

To conduct research to translate findings into improvements in medical care and public health for KP members and public.

Conduct research on the ethical, legal and social implications of genetic research and the use of genomic information in medical care.
Development of RPGEH

Funded by private foundations and Kaiser Permanente

Inform Membership -- understand expectations and concerns, engage interest in participation

Convene Community and Scientific Advisory Panels

Build RPGEH Database -- reorganize de-identified electronic clinical data into disease-condition databases

Survey Membership (1.9 million adults) -- to obtain demographic, environmental, and behavioral data

Develop Biorepository -- first 100,000 samples to be obtained in 2008-2009
The E in RPGEH -- the Social and Physical Environment

A critical factor in the program’s success

- Our Community Advisory Panel (CAP) has encouraged us to emphasize the environmental as well as genetic determinants of disease.
- Our recognition that all common diseases involve both environmental and genetic factors, interacting in complex patterns.
- Inclusion of environmental data sets RPGEH apart from many of the other biobank projects currently underway.

Environment is broadly defined:

- Host or personal environment
- Social environment
- Built environment
- Toxins / pollutants in the physical environment
Development of Environmental Data for RPGEH

Host or Personal Environment

- **Surveys** include individual level data, e.g. marital status, education, income, occupation, stressful events, experience of discrimination, smoking, alcohol, physical activity, diet, etc.

- **Biospecimens** (blood, urine, saliva) are a source of data on individual level host factors with social implications (e.g., cortisol and other hormones) or other exposures (e.g., viral antibodies; PCBs)

- **Biomonitoring** of EMF or radiation exposure
Development of Environmental Data for RPGEH

Social and Built Environment

- **Area or group measures** of social environment — US Census
  - As local as a block group of 1,000 people
- **Area databases** on social factors and built environment; e.g., food and alcohol outlets, parks, locations of schools, highways, crime statistics
- “**OurSpace**”, a collaboration of DOR/KP, UCSF, and UCB, is creating an ecologic database of the social environment
  - Building a GIS database on social factors and built environment including census data, food and alcohol outlets, parks, school locations, crime, etc.
  - Database linkable to KP members through residence
Development of Environmental Data for RPGEH

Physical Environment (Toxins and Pollutants)

- Collaboration with State environmental scientists to access CHAPIS & air pollution data
- Pesticide and industrial exposures in air, soil, and water
- Additional toxic / host factors measured in biospecimens
Considerations in Relating Environment to Health

The effects of time
- The environment changes over time – many databases are not longitudinal
- There is a lag between exposure and expression of disease
- Some environmental effects may depend on stage of development

Levels of analysis
- Beware reductionism -- Neighborhood Deprivation is not just an approximation of individual level SES data
- Avoid ecological fallacy – causal attribution to a social factor that is actually due to unmeasured confounder
Key Personnel

Catherine Schaefer, Ph.D., Executive Director, RPGEH
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